



SILAT UNCUT

Monthly E-Newsletter by SG Silat



Silat has come a long way. Competitions now not only occur in indoor arenas, but outdoor as well. From 30 September to 4 October the 1st World Beach Pencak Silat Championship was held Phuket Thailand. A total of 18 teams competed in the competition. Our athletes sacrificed their blood, sweat and tears to overcome the challenges of the competition.

The list of medalists are as follows:

Gold Medalist:

- Muhammad Syakir Bin Jeffry - Male Class G (75kg - 80kg)
- Sheik Ferdous Bin Sheik Alauddin - Male Class I (85kg - 90kg)
- Nur Azlyana Bte Ismail and Nurhanishah Bte Shahrudin - Female Double

Silver Medalist:

- Nurzuhairah Bte Mohd Yazid - Artistic Single Female
- Adib Farhan Bin Ramli - Male Class E (65kg - 70kg)

Bronze Medalist:

- Muhammad Syahiran Bin Jeffry - Male Class F (70kg - 75kg)
- Abdul Raaziq Bin Abdul Rashid - Male Class H (80kg - 85 kg)
- Muhammad Syamil Bin Jeffry - Male Class Open (Over 85kg)
- Siti Khadijah Bte Mohd Shahrem - Female Class B (50kg - 55kg)
- Nurzianah Bte Mohd Yazid - Female Class C (55kg - 60kg)



Gold Medalists.



Silver Medalists.



Bronze medalist.



Bicentennial Appreciation Presentation

This year, our national athletes and coaches were involved in the SG Bicentennial experience: from Singapore to Singaporean at Fort Canning Centre. The Singapore Bicentennial in 2019 marks the 200th anniversary of Sir Stamford Raffles' arrival in Singapore - a key milestone in our rich and storied history. But our story did not start in 1819. It actually began in 1299. Our athletes and coaches contributed their time and energy into the first act of the show as Parameswara and silat warriors. On 6th October, they were rewarded with a plaque and certificate of appreciation for the months long of effort. Congrats!





Bikers-Silat Launching Ceremony



As mentioned in the previous issues, Singapore Silat Federation and the SG Bikers group were in talks for a long-term collaboration. On 6th October, the bikers-silat launching ceremony also took place alongside the bicentennial appreciation presentation. During the ceremony, the leaders of the different groups were presented with a framed t-shirt that has the bikers-silat logo. There were also performances by our national artistic athletes and cultural performances from different groups. There was also a short demonstration of "Silatrobics".



Other than the performances, there were also booths that showcased the Malay heritage and recruitment for instructors, referee-jury and athletes. We thank the Singapore Bikers Group for making time for this celebration of a long-term partnership.



Bikers-Silat Steering Committee.

Mr. Norna'im, representing Wings MG Society Singapura.



Mr Malik, representing SG Bikers INC.

Mr Hazan, representing Bikers Union..

The following are pictures of the different group leaders receiving the appreciation framed t-shirt from Dr Sheik Alau'ddin:



A new Datu' Seri!

On 8th October, Dr. Sheik Alau'ddin flew to Zamboaga City, Phillipines to receive his award from the Sultanate of Sulu and North Borneo. He is now conferred as a Datu' Seri! Congratulations!



Singapore Coach Medallion

Self belief and hardwork will earn you success. One of our national coaches, Mohd Fiqri was awarded the Singapore Coach Medallion in the High Performance Coach category.

He believed truly in his coaching philosophy - "To be the best in Silat and in life". His coaching philosophy came to life through his actions and attitudes towards training his athletes.

Congratulations Coach! We hope to see more of our coaches striving for the best in the future!



Mendaki Award

On the 12th of October, 4 of our national athletes; Aniq 'Asri Bin Mohd Yazid, Nurhanishah Bte Shahrudin, Muhd Abu Bakar Bin Jamaluddin and Muhd Syakir Bin Jeffry were awarded the Mendaki Non-Academic Excellence Award. They have shown extraordinary potential and have excelled beyond expectations. Congratulations athletes! We hope they become examples for other athletes to strive to greater heights.





Performance Across The Border

One of the silat clubs in Singapore - Silat Benderang Persada - did a collaborative performance with Pesilat Johor Bentan at Semarak Budaya Johor, Warisan Sultan Abu Bakar Complex Hall.

It warms our hearts to see the sport and athletes alike going overseas to spread silat and the malay culture.

We hope to see more of such opportunities being given to more people who practice silat with

30th Pre SEA Games

As part of the preparation for the upcoming SEA Games in Philippines, the team went to Subic for the pre SEA Games, where they could have a trial to gauge their skills and also meet their opponents before the actual games.

Indonesia were crowned champion with a total of 5 Gold, 3 Silver, Team Singapore came in 2nd with a total of 2 Gold, 6 Silver & 2 Bronze and Philippines came in 3rd with a total of 2 Gold & 6 Bronze. Congrats! We hope this would become a motivator for them to do even better in the actual games!

Below is the list of medalists from the 30th Pre SEA Games:

Gold:

1. Nurzuhairah Binte Mohd Yazid - Artistic Female Single
2. Hamillatu Arash Bin Juffrie, Nujaid Hasif Bin Zainal Abidin & Muhammad Nazrul Bin Mohd Kamal - Artistic Male Team



Gold Medalists.



Silver Medalists.



Bronze Medlaists.

Silver:

1. Nur Hakim Bin Norshamsuddin & Syafiq Syazry Bin Mohd Abdul Majid - Artistic Male Double
2. Nurzuhairah Binte Mohd Yazid, Nur Azlyana Binte Ismail & Siti Nazurah Binte Mohd Yusoff - Artistic Female Team
3. Muhammad Aiman Bin Mohd Jumaat - Match Male A
4. Muhammad Hazim Bin Mohd Yusli - Match Male B
5. Muhammad Riansyauqi Bin Mistam - Match Male D
6. Atiq Syazwani Binte Roslan - Match Female A



Bronze:

1. Muhammad Iqbal Bin Abdul Rahman - Artistic Male Single
2. Nurul Suhaila Binte Mohd Saiful - Match Female B

Silat: Hazim ready for SEA Games rematch



Hazim Yusli at the South-east Asian Sultan's Pencak Silat Championship this week. The 17-year-old had to settle for the silver after withdrawing from the Class B final. Singapore ended second on the medal tally with two golds, six silvers and two bronzes. PHOTO: SINGAPORE SILAT FEDERATION

The scoring team also went over to lend a helping hand in the pre SEA Games. They will be participating in the SEA Games in December as well!

One of our athletes, Muhd Hazim was interviewed by the press the moment he touched down in Singapore. He was forced to withdraw from playing in the finals due to suspected fracture but was motivated to meet his opponent, stronger than ever in the actual SEA Games. We wish him a speedy recovery and all the best!

Scoring Team Travels

Our scoring team do not only operate during local competitions. As our athletes travel out, our staff from the scoring team also travels and work hard during overseas competition. Their job scope includes collation of athletes details, correctly assigning them to their weight classes on the digital system, conducting the balloting session with the team managers and preparing the schedule for the duration of the competition. During matches, they are also expected to make sure that any technical difficulties are rectified and that the digital scoring system shows the correct points, name and round.



In October, the scoring team went over to assist in the pre-SEA Games in Subic City, Philippines. Even though they have just returned from the Malaysia Open and both are big events that happened one after another, they work tirelessly to make sure that both competitions run smoothly.

Of course, this is not the last of their tasks. December seems to be the busiest month for them as they will be assisting in running the 30th SEA Games in Subic City, Philippines and the Asian Championships in China. We wish them all the best in their tasks!



International Wasit-Jury Upgrading Course

On 19th of October, the Singapore Silat Federation welcomed delegates from different countries such as Vietnam, Brunei, China, Korea, Netherlands, Suriname and India for the International Wasit-Jury Upgrading Course. Our staff from Singapore Silat Federation and most of our local Wasit-Jury also participated in the upgrading course.

The international Wasit-Jury Upgrading Course held in Singapore held various courses which will be listed below.

International Class 3 Referee-jury

Course

This course was catered to national wasit-juries from all the participating countries. The course served as a refresher for them and a space for them to raise their confusion about the rules before they participate in any overseas competitions. Other than the theoretical aspect of the course, the participants also had a practical session where they learnt the hand signals that are crucial during matches and also the Tunggal (single) and Regu (team) syllabus. They then become officials during the 8th Singapore Open as a form of test for the understanding during the course.



International Class 2 & Class 1 Referee-jury Course

This course was catered to upgrade those who are already certified as International Class 3 Wasit-Juries. During the course, they had videos from previous competitions that were used as case-studies to judge the referee's actions and decisions. This then helped them to be better juries, council and competition chairman; especially for the Class 1 Wasit-Jury.

During the course, they had a lot of interaction with the lecturers and they also had a chance to voice out their opinions and thoughts.



International Technical Delegate

Course

Other than the referee-juries, technical delegates are also important people that are required to be around during competitions. They are the ones who will step-in in case of any technical difficulties. During the course, they learnt how to manage the wasit-juries and situations that may come as challenging during competition days.



Lecturers' Course

This course is catered to those who are interested to become lecturers. They were taught the best ways to deliver their teachings, if one day there comes a chance for them to teach the game rules to new wasit-juries in the future. The course was conducted by Mr Heikal Yusope.





International Wasit-Jury Upgrading Course Welcoming Dinner

On the night of the 22nd of October, a welcoming dinner was held to welcome all the wasit-juries and guests to the course. There was also a combined performance done by Gencak Singapura, Artistari Gentari and our Senior Artistic Team.

We had the honour of having Mr. Nazarisham, Advisor-in-shief of Singapore Silat Federation, Bapak Benny, executive Chairman of PERSILAT and Datuk Megat from Secretary-General of PERSAKA join us for the welcoming dinner as well.



8th Singapore Open Pencak Silat Competition

From 25-27 October, the 8th Singapore Open was held right after the International Wasit-Jury Upgrading Course. The Class 3 participants had their chance to try out on the arena the things they learnt and to test their skills.



Apart from that, this time round, the Singapore Open Championship hosted a total of 37 teams and 62 participating categories. Team Singapore came in first place with a total of 34 golds, 13 silvers and 16 bronze medals. Team PAL B.6.C came in second place with a total of 7 golds, 6 silvers and 8 bronze medals. Team PPLM DKI Jakarta came in third with a total of 5 Gold, 4 Silver and 5 bronze medals.



Every edition of the Singapore Open championship proves to be a success, this time round even more so with the extended course that was very well received by the participants. We hope for more success stories in the future!



Visit From China Pencak Silat Federation



On 28th October, the Singapore Silat Federation hosted guests from the China Pencak Silat Federation. They were brought to see our training halls and facilities, mainly at OCBC Arena Hall 4. They had the chance to test and feel the equipments available in the hall. They were also brought on a short tour around Singapore before leaving for China. We hope they enjoyed their time here and that more of such opportunities for collaboration will be opened to us.

Training Exchange Program with PHILSILAT



Our Philippine friends have an extended stay with us as part of their training towards the SEA Games in December 2019. They have been training at the OCBC arena since the 23rd of October and will be here for a month. It is their first time doing a training exchange program with us. Our athletes also had a chance to train and learn together with the Philippine athletes. To more opportunities like this in the future!

Lauching of Naza Humanitarian Foundation

The Advisor-in-Chief of the Singapore Silat Federation, Mr Nazarisham, launched the "Naza Humanitarian Foundation". The Singapore Silat Federation was invited for the launch as we are one of the beneficiaries of the "Naza Humanitarian Foundation". Our senior artistic team also went down to do a short performance during the launch. Our high performance manager, Ms Fiona also received the token of appreciation on behalf of Singapore Silat Federation.



"Singapore Roars"



Written by Cikgu Azlan Ghani, the article on the right was written about the success Singapore had during the Chungju World Masterships back in September. Dr Sheik Alau'ddin mentioned that he was very happy with the results and hopes that it will translate into their success for the upcoming SEA Games.

If you are interested to purchase this Magazine, Seni Bela Diri, it is available in stores in Malaysia!

A Month of Collaborations!

Collaboration with UFC

UFC GYM is a health, wellness, and fitness center that offers programs for all ages and fitness levels. They deliver innovative, effective fitness experiences that enable our members to "Train Different" by fusing together the multi-disciplined approach of mixed martial arts with state-of-the-art equipment, group classes, elite coaching and tailored personal training, supported by a motivating community of fitness enthusiasts.

Our Chief Executive Officer, Dr. Sheik Alau'ddin met with some people from UFC Gym Singapore to talk about a collaboration. We look forward to see what events we could collaborate on!



Collaboration with Singapore Jiu Jitsu Association

As the saying goes, sharing is caring. The Singapore Jiu Jitsu Association have been collaborating with the Singapore Silat Federation for training. They had a chance to exchange knowledge in the specific sports, such as training certain skills and our athletes could participate in their activities as well!



Another Milestone!

Dr Sheik Alau'ddin, CEO of Singapore Silat Federation, has been invited to be a member of the **Coaching Advisory Board** for the upcoming programme titled "IMSC Diploma in Sports Science and Coaching", by the team at the International Management and Sports College. He was nominated based on his extensive experience and competence in his area of expertise. He was also appointed as member of **Talent Advisory Panel (TAP)** by the **People's Association (PA)** for his numerous contributions to the Silat community at grassroots level. Congratulations!



People's Association

Trip to Egypt

From 29th October to 4th November, the team from Singapore departed for Egypt for another "Silat Towards Olympics" mission. This time round, their target was a university in Egypt, namely Kafrelsheikh University, that holds more than 20,000 students. They were there with the generous help of Dr Hasbi and Ustaz Andi of Jamiyah Singapore. Throughout the course of the week, they met with the dean of the Physical Education faculty and also the president of the university. The team did many demonstrations just to show them what Silat actually is as they have no background on the sport. They also did presentations and spoke to many media outlets on the sport. During training, the university students were very engaged and showed enthusiasm while learning the new sport.



Through the meetings done with the dean during the course of the week, we have garnered interest of the school to bring the students for an exchange programme in Singapore where they will be able to experience a different way of training. They have also decided to engage Singapore Silat Federation to help them build Silat and sports science as a subject that the students can take as a degree. This would include our silat syllabus and also requires the collaboration of the Singapore Sport Institute. In addition to all these news, they are also requesting for their sports science thesis to be checked by experts in Singapore. We are excited for a new collaboration ahead!



3 of our staff - Wahyudi Lukman, Fania akustia and Siti Nazurah have stayed in Egypt until early December to coach and continue training with the university students there. There have been much improvement since the first training session and they were also invited to perform for the Kafrelsheikh stadium festival. Singapore Silat Federation applauds our staff for their patience in teaching Silat despite the language barriers.



Our Condolences...

Despite the many achievements this month, we were also saddened by the passing of one of our long term officials, Mdm Ramlah bte Sator after she suffered from a sudden stroke. Many staff rushed to her house to say their last goodbyes and did prayers for her. Mdm Ramlah has dedicated her time to the Singapore Silat Federation, especially during competitions, since the early 2000s. Our condolences to her and her family.

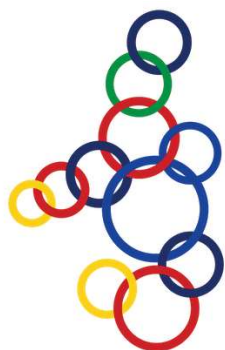


Big Upcoming Events!

Date	Event
30 th Nov – 7 th Dec	30 th SEA Games, Philippines
24 th Dec – 30 th Dec	Asian Championship, China

As the new month approaches, the 30th SEA Games approaches. This year the SEA Games will be held in Subic City, Philippines. Our athletes are all gearing up and getting their game face on as the countdown begins. Look forward to 12 of our athletes participating in 8 of the categories the SEA Games!

Come down to Heartbeat@Bedok on the 27th of November for our own flag off for our athletes!



PHILIPPINES 2019
30TH SEA GAMES

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In late December, the team will also head down to China for the Asian Championship! We hope for the best results for both competitions! Make us proud athletes!

